

***Guidance News
Sheldon High School
September 2010***

ACT Test

- First opportunity Oct 23 8:00 a.m. at SHS
- Register by September 17 to avoid a late fee
- Mail in paper version (available in guidance office) or go to www.actstudent.org
- Cost this year \$33 (No Writing) or \$48 (Plus Writing)
- No college or university in the state of Iowa is requiring the Writing portion of the test at this date
- If student is on free/reduced lunch, see Mrs. Zeutenhorst for a fee waiver (a student may use the fee waiver twice in their high school experience)
- Other dates this year:
 - December 11
 - February 12
 - April 9
 - June 11
- SHS is a test site for each test date

College Representatives at SHS

Sept 13	Army National Guard at 11:15
Sept 21	Dordt College at 11:30
	Iowa Lakes C.C. at 11:20
Sept 22	Wartburg College at 10:30
Sept 29	ISU at 11:25 (they are providing pizza for lunch – notify Mrs. Z if you plan to attend!)
Oct 13	Kirkwood C.C. at 11:25
Oct 20	Morningside at 9:30 a.m.
Nov 1	NCC at 11:25
Nov 2	University of Sioux Falls at 11:00
Nov 9	LaJames Hairstyling at 11:00

The *College Planning Center* in Des Moines is now called the ***Iowa College Access Network***.

Their website is: www.ICANsucceed.org

They offer free assistance to students and parents in regard to college admission, scholarships, and financial aid.

Their phone number is 877-272-4692.

Sylvan Learning in Spencer is offering an ACT test prep class beginning on Sept 12 and running every Sunday from 1:00 – 5:00 p.m. Registration deadline is Sept 17. Program cost is \$495. Call 712-580-2008 to register.

Freshman Admission Requirements to UNI, ISU, and U of IOWA

RAI – Regent Admission Index

Students must achieve at least a 245 RAI score to be admissible to the Iowa public universities. The formula is as follows:

- 2 x ACT composite
- 1 x percentile high school rank
- 20 x high school gpa
- 5 x number of high school core courses
- Regent Admission Index Score

Students must also have taken 4 years of English, 3 years of advanced math, 3 years of Science, 3 years of Social Studies, 2 years of a single foreign language

Prudential Spirit of Community Award

If you are strong in community service and wish to be considered for this award, please complete an online application at <http://spirit.prudential.com> or www.principals.org/spirit by November 1, 2010. Then print it out and hand it to Mrs. Zeutenhorst. Our school may select one student from these applications. Any student, who is a legal resident, in grades 9-12 is invited to apply.

Student Opportunities

Iowa State University just added a few new majors:

College of Design – *Industrial Design* (for those who want to design something to be mass produced), *Graphic Design* – new emphasis area – Digital Media
College of Human Sciences – *Event Management* within Hospitality Management Dept.
Biological Systems Engineering
Business Economics
Global Resource Systems

Iowa State University is hosting *Young Women in Business: Unleash Your Potential* for females in grades 9-12 on Monday, September 27 at ISU. Registration deadline is September 20. For more information or to register:
www.business.iastate.edu/events/ywib.

The College of Business Administration at UNI is hosting *Freshman Scholarship Day* on November 15. Students must register by October 15. Students must have both ACT math and ACT composite scores of 27 or higher. See the guidance office for more information.

South Dakota State University is hosting a Senior Day on Saturday, September 18. Registration is from 12:30 – 1:00 followed by a campus tour. Free tickets are available to the football game at 6:00 p.m. Call 1-800-952-3541 to register.

Learn2Teach – USD is offering a day long event for future teachers on Sept 22. Go to <http://admissions.usd.edu/profile/learn2teach.cfm> to register.

Duke, Georgetown, Harvard, Penn, and Stanford are hosting an information session in Sioux Falls on Wed Sept 15 at 7:30 pm at the Holiday Inn City Center. They are also hosting a session in Omaha Tues Sept 14 at 7:30 pm at the Omaha Marriott.

United States Senate Youth Program

Two students from the state of Iowa will be selected to participate in a week long visit of Washington, D.C. from March 5-12, 2011 as well as earn a \$5000 scholarship. See Mrs. Zeutenhorst if you are interested. (Eligible students must be currently serving in some type of elected capacity in student government)

Iowa Junior Miss (Scholarship Program) is now accepting applications until Sept 17. Please see the guidance office for an application.

Seniors: Applications are now being accepted for the “*Wendy’s High School Heisman Award*”. Applicants must excel in academics, athletics, and student leadership. Students must have participated in at least one sport and must have a “B” grade point average to be eligible. Go to www.wendysheisman.com to apply.

Completed applications are due October 3. The guidance counselor must go in and review and confirm the applicant information by October 5.

The *Tri-State College Fair* will be held on Sunday, Oct 3 from 12:30 – 3:00 pm at the Marina Inn Center in South Sioux City, NE. Many colleges will be present.

The *Golden Circle College Fair* will be held on Oct 3 from 12:30 – 3:00 at the Polk County Convention Complex in downtown Des Moines located at 501 Grand Avenue.

Students in grades 9-12:

John F. Kennedy Profile in Courage Essay Contest

Students will write a 1,000 words or less essay that demonstrates an understanding of political courage by a U.S. elected official who served after 1956.

For more information go to www.jfklibrary.org. Application deadline is January 8, 2010.

College Visit Days

University of Northern Iowa (Cedar Falls)

Panther Peek Visit Days: Oct 1, 11, 15, 22, 29, Nov 5, 12, 19

College of Business Day: Oct 4

College of Humanities & Fine Arts Day: Oct 18

High School Saturday Visit Days: Sept 25, Oct 9, 16, 30, Nov 13, Dec 4
Multicultural Super Saturday: Nov 6

University of Iowa (Iowa City)

Weekday Visits (any day of the week)
Hawkeye Visit Days: Oct 11, 15, 22, 29 Nov 5, 12, Feb 21, Mar 4, 25, April 1, 22
Multicultural Visit Day: Nov 19
Explore Engineering Day: Oct 9, Dec 4, Jan 29, Feb 19, Mar 26, April 16
Business Fall Preview Day: Nov 1

Iowa State University (Ames)

Weekday Visits (any day of the week)
Experience Iowa State Days: Oct 4, 15, 16, 22, 25, Nov 5, 8, 15

Western Iowa Tech C.C. (Sioux City)

Oct 6 Health and Business Day 9 am to 1 pm
Oct 13 Public Services and Computer Tech Day 9 am to 1 pm
Oct 27 Industrial Tech & Arts/Design Day 9 am to 1 pm
Nov 3 All programs visit day 9 am to 1 pm
Nov 17 All programs visit evening 5:30 – 8:30 pm
Welcome Wednesdays – every Wednesday from 10:00 am to noon

Hawkeye C.C. (Waterloo)

Monday Oct 29 – Senior Day
Saturday, Oct 30
Friday, Nov 12 – Health Science Day
Friday, Nov 19 – Senior Day

Kirkwood C.C. (Cedar Rapids) TGIF

Oct 8, 15, 29
Nov 5, 12, 19
Dec 3, 10 (other dates throughout the school year)

Central College (Pella)

Sept 24
Oct 11
Nov 5-6 (overnighter for seniors only!)

Minneapolis College of Art & Design

Oct 17 (in Minneapolis)
Nov 7 (in Des Moines)

University of South Dakota

Fall Open House (Sept 18 and Oct 16- both Saturdays/with football game)
Friday at the U (Nov 5)
Health Happenings Visit Day (Nov 11)

Individual visits – Monday through Friday

Colorado Technical University (Sioux Falls)
Junior & Senior Day Friday, Oct 22 from 10:30 – 12:30 (lunch provided)

Morningside College
Fall Visit Days Oct 29 and Nov 5, 12, 19
Scholarship Weekends Nov 19 and 20, Jan 21 and 22, Feb 18 and 19, Mar 11 and 12, Mar 18 and 19

Helpful Websites

www.sheldon.k12.ia.us for a link to *Guidance News* and the *Scholarship List*
(scholarships that come through the Guidance office and notice of local scholarships)

www.ihaveaplaniowa.gov for career, college, scholarship, and test prep information

www.actstudent.org for ACT test registration and ACT test prep

www.bls.gov/oco for occupation information and labor statistics

www.fastweb.com (scholarship search)

www.schoolsoup.com (scholarship search)

www.iowacollegeaid.org (scholarship, loan forgiveness programs for nursing and teaching)

Volunteer Opportunity

The Middle School After School program is looking for a few reliable volunteers. They meet every day after school until 4:30 pm. Notify Mrs. Barwick if you are interested.