

**SHELDON COMMUNITY SCHOOL
SHELDON, IOWA**



BREAKFAST AND LUNCH MENU

Monday, February 13

Cereal
Toast
Fruit & Juice
Milk

Pork Choppette
Whipped Potatoes
Gravy
Green Beans
Bread & Butter
Fruit
Milk

Tuesday, February 14

Omelet or Cereal
Toast
Fruit & Juice
Milk

Lasagna or Spaghetti
Cornbread
Lettuce Salad
Bread & Butter
or Peanut Butter
Fruit
Milk



Wednesday, Feb. 15

Cereal
Toast
Fruit & Juice
Milk
Biscuits/Gravy at HS

Chicken Patty
on a Bun
Oven Potatoes
Cake
Fruit
Milk

Thursday, February 16

Breakfast Pizza
or Cereal
Fruit & Juice
Milk

Tacos or Burritos
Lettuce, Cheese
Tomatoes
Baked Beans
Bread & Butter
Fruit
Milk

Friday, February 17

Donut or Cereal
Fruit & Juice
Milk

Hamburger on a Bun
Pickles
Cheese Slices
French Fries
Fruit
Milk

Monday, February 20

No School



Tuesday, February 21

Cereal
Toast
Fruit & Juice
Milk

Orange Chicken
Rice
Carrots
Peanut Butter Bar
Bread & Butter
Fruit
Milk

Wednesday, Feb. 22

Biscuits/Gravy
or Cereal
Fruit & Juice
Milk

Nachos Supreme with
Meat & Cheese Sauce
Lettuce Salad
Bread & Butter
or Peanut Butter
Fruit
Milk

Thursday, February 23

Cereal
Toast
Fruit & Juice
Milk

Country Fried Steak
Whipped Potatoes
Gravy
Corn
Bread & Butter
Fruit
Milk

Friday, February 24

Long Johns
or Cereal
Fruit & Juice

Fish or Meat
on a Bun
Oven Potatoes
Krispy Rice Bar
Fruit
Milk